

# SUNDAY CREEK CLASSIC

A Dirty Gran Fondo

**FEATURING:**  
the climb to  
Mt Buggery!

Information Pack

27 MAY 2023

Wild  
& Co.

# SUNDAY CREEK CLASSIC



## WELCOME TO THE SECOND EDITION OF THE SUNDAY CREEK CLASSIC!

Looks like we're finally on after a few false starts last year! For all those that have signed up for the first time, yes, Mt Buggery is very real. The first time you travel over it and through the rolling hills into Jimna you know it's a special place and begging to be cycled. So with the increasing popularity of gravel bikes and bike packing culture we're very excited to see this event happening again!

This event has been inspired by the great gravel events around the world, by European classics that feature wild weather and brutal courses and more recent events in America like Barry-Roubaix, Unbound and the Belgian Waffle Ride.

Starting in the sleepy farming town of Kenilworth, the 120km, almost entirely gravel route, heads towards Kandanga and Bella Creek and then west to Jimna before returning via Sunday Creek Road to Kenilworth. The route takes in everything from dry eucalyptus forests, majestic hoop pine forestry, sub-tropical rainforest forest and open cattle grazing country. And with 3,000 meters of climbing including the notorious climb to Mt Buggery, this



event is one of the toughest one day gravel events on the Australian calendar.

It's going to be tough, but nothing great comes without pushing yourself beyond what you believe is possible.

Personally, the goal of the event is two fold – firstly, I love Kenilworth and believe the area is an underrated adventure playground. As they grow, events like the Sunday Creek Classic can have a real positive impact on small town economies like Kenilworth.

The second goal is to build an event that becomes a must-do classic on the Australian cycling calendar. It will take time but I believe that region and the course have the makings of something that can become truly great.

So on behalf of the team, thank you for entering. See you out there!

*Chris Dixon*  
RACE DIRECTOR



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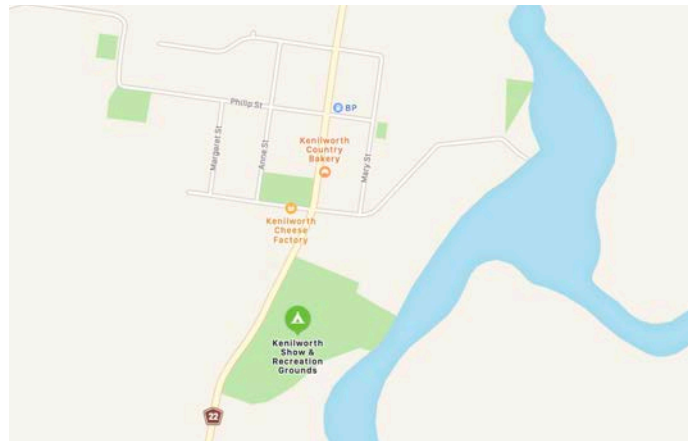


## RACE HQ + ACCOMODATION

The small cattle farming town of Kenilworth is the perfect location for an epic gravel adventure. Kenilworth is situated in the hinterland of the Sunshine Coast in Queensland Australia, about 50 km from the coast or 90 minutes drive from the Brisbane Airport.

The Aboriginal name Hinka Booma is all but a memory with the town renamed 'Kenilworth' after the title of a book that was being read at the time by the wife of the first cattle farmer in the area, Richard Smith.

The major industry in the town has remained cattle farming, although it does boast the popular Kenilworth Cheese Factory and the now famous Kenilworth Bakery.



Race HQ is the Kenilworth Showgrounds, Kenilworth, Queensland Australia 4574.

### ACCOMODATION

There is camping accomodation available at the Kenilworth Show Grounds for the weekend or if you'd like to make a weekend of it check out the huge range of accomodation option in the Sunshine Coast Hinterland here:

> [visitsunshinecoasthinterland.com.au/stay/](https://visitsunshinecoasthinterland.com.au/stay/)

> [www.kenilworthshowgrounds.org.au](https://www.kenilworthshowgrounds.org.au)



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## PROGRAM AND TIMINGS

### FRIDAY 26 MAY

3:30pm-

5:00pm: Registration Open

6:00pm: We're eating at the Kenilworth Hotel,  
All welcome!

### SATURDAY 27 MAY

5:30am: Registration Open

6:30am: Registration Closes

7:00am: 120km Event Starts

2:30pm: Race Presentations,  
Kenilworth Showgrounds Hall

4:30pm: Course Closes



# SUNDAY CREEK CLASSIC



## THE COURSE

The Sunday Creek Classic is a 120km very dirty Gran Fondo with 3,000m of climbing – and yes it's tough. Real tough.

The course features fire trails, gravel roads, some single track and a couple of short sharp sections of hike-a-bike. It's suitable for gravel bikes, cycle cross bikes, mountain bikes or road bikes with clearance for gravel tires ('all road' bikes for the cool kids) – think 35mm plus. Best leave those carbon soled road shoes behind too.

Don't underestimate the hills behind Kenilworth – it's magnificent country, but can be brutal.

The course will be marked with branded arrows at all intersections and marking tape every few kilometres. It is also available as a GPX file and Strava route.

> **GPX 120km:** [DOWNLOAD HERE](#)

> **Strava 120km:** [www.strava.com/routes/2765540892375141630](http://www.strava.com/routes/2765540892375141630)

It is highly recommended that you download a copy of the course and use a GPS navigation app that features off-line navigation.



**PLEASE ALSO NOTE:** Your mobile phone is a mandatory safety item. Ensure you have sufficient Battery supply to make a call in case of emergency or navigate your way out of a difficult situation. Apps such as Strava, MapMyRide and Trailfork are all excellent options.

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## ON THE COURSE

### NEUTRALISED ZONE

**The paved road in Kenilworth at the start and finish of the course is a neutralised zone in terms of racing.**

**START:** This means that at the start of the course participants will ride, not race, as a bunch through town towards the start of the gravel (it will be marked). Once you arrive at the gravel and exit the neutralised zone, it's on. Like Donkey Kong.

**FINISH:** It is unlikely that an event like this will come down to a sprint finish, but if it does, it is important that competitors do not race past the end of the gravel and through town for safety reasons. We ask that competitors respect each other and roll through the finish in the same order they entered the neutralised zone (paved road back through town). Please don't be a doofus.

### RACE FINISH AND COURSE CLOSURE

Official course closure is 4:30 pm on Saturday afternoon. All participants must be back by this time.

If during the race you think you will not be able to finish the course, we recommend you make your way to the nearest CP or just wait for the support vehicle to catch you. Support vehicles will be well stocked with food, water, a bike rack and first aid.

There is no judgement in the sag wagon. Just an ice cold beverage.

### CHECK POINTS (CPS)

There are two Checkpoints on the course where you will find basic first aid, the event team (a hug?), water, Trailbrew sports mix and a few nutrition options including bananas, chocolate, lollies, coke and muesli bars.

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CPs are located at the 21km mark and then at the 45km mark at the top of Mt Buggery. The town of Jimna is also a great spot to re-supply with water or grab a coffee or toastie from the local store – they're expecting us.

## COURSE MARKINGS

The course is marked with lengths of pink and orange marking tape and arrows at all major intersections. It is recommended that you load the GPX file into your phone or a GPS bike computer such as a garmin as a backup.

## THE 'SAG WAGON'

A support vehicle will follow the tail end riders at an average speed of 15 km/h. If at any point you chose to exit the course and make your own way back it is essential that you let us know so we don't send out a search party.

## TOILETS AND WATER

The only toilets on the course are in the town of Jimna. Water is available at all CPs and in the town of Jimna. Plan wisely for this.



# ENVIRONMENTAL IMPACT

**Human Waste:** There are very limited options for toilets on the course. As such you should be prepared. You must bury all human waste 20cm below the ground and at least 100 metres from creeks or water ways, or alternatively use the public toilets in Jimna.

**Rubbish:** You must carry all rubbish with you to a bin. This particularly relates to the gel packets. If you drop litter on the course we will not be able to get permissions to use areas in the future. If you see rubbish left by another team, please pick it up. We all accidentally drop things, so do the right thing and ensure we can continue to use beautiful areas in the future.

**Wildlife:** Hopefully you will see some wildlife during the event. Do not approach or disturb wildlife.



## MANDATORY EQUIPMENT

The event is semi-supported with water and refuelling stops along the way.

Riders will need to be self sufficient for large sections of the course carrying sufficient water, spare tubes and parts. A support vehicle will follow the riders sweeping the course and event first aid will be on hand in case of emergency.

There are two refuelling spots evenly spaced around the course. Water, sports drink, snacks and fruit will be available, but you should not rely 100% on these supplies.

### **It is mandatory that all competitors carry:**

1. Visible race number
2. A fully charged mobile phone with sufficient battery to last for the full duration of the event
3. Water Bottles or Bladders with a capacity to carry at least 1.4 Litres of water
4. A copy of the course map (supplied, A3 format) in water proof bag – a zip lock bag is acceptable

Riders should also be prepared to cope with multiple flats and broken chains. Queensland road rules apply so cycling at night requires lights.

Riders should also consider carrying:

- Extra half links.
- At least 2 tubes and patch kit.

- A hand pump (and CO2).
- A multi-tool
- Enough fluids and food for a very long day
- Front and rear lighting if you plan being out late

### **RACE NUMBERS**

Every competitor is provided with a race number that must be worn and be visible at all times during the race – the best strategy for attaching these is to the rear or left hand side of the jersey so it is visible to a pedestrian.

### **PHONES – COMPULSORY EQUIPMENT**

You are required to carry a fully charged mobile phone. It is highly recommended that you use the Telstra network as Optus & Vodafone don't have sufficient coverage to messages in key areas. Let's face it, if you need to make an emergency call, you want to get coverage.

There is Telstra 3G/4G coverage throughout most of the course. Please note that coverage is generally better on high points, or on points with direct view of a phone tower. Coverage lessens when in the valleys (where there may be no reception at all).

Your phone SHOULD be turned off and stored inside a waterproof bag at all times. It or any other phone should not be used at all while you are racing unless it is for an emergency.



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## SAFETY

**WARNING: Expect this to be tough – this event is only for those who can race and complete a hard core challenge. There will be minimal support during large sections of the event. You will be expected to be self sufficient and carry your own, water and nutrition for long sections of the course!**

### PARTICIPANT RESPONSIBILITY

During the event you must be aware the rescue by the organisers or emergency services may not be possible immediately. In the first instance you are responsible for yourself and those around you.

Organisers have assets in place to assist, but they may not be immediately available.

It is not practically possible to provide all the safety needed for all the possible scenarios. If you are not willing to accept this self responsibility, you should not start the race.

If you get to a point in the course that you decide you are not comfortable and confident in completing safely, it is your responsibility to do something. If you feel the level of inherent risk is unacceptable, do something about it. Avoid it, withdraw, it is your decision.

### SAFETY ASSETS INCLUDE:

- Event officials at transition areas with first aid certificates and training.
- Event first Aid vehicle including qualified first aid officials
- A support vehicle following riders
- Normal access to emergency services via '000'.

### NO ROAD CLOSURES

No roads have been closed for the event. You must use extreme caution any time you are on a road. You must obey road rules at all times.

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## PREREQUISITES

Agree to the conditions, declarations and indemnifications outlined in the entry form for competitors and in this information pack.

Each participant must have Australian ambulance cover or an Australian medical insurance policy that includes ambulance cover or travel insurance covering medical costs including medical transportation for an injury sustained during competitive event or an Australian exemption or other ambulance coverage e.g. Australian Defence Force, residents of Tasmania/Queensland etc.

## INSURANCE

The event organisers have a public liability insurance policy to the value of 20 million dollars. This is a compulsory insurance policy for events that are organised on, or cross through, any form of government land/public place. This however is not personal accident insurance for you!

## VOLUNTEERS

Many event volunteer officials have given up their time to assist over the weekend which makes it possible for you to participate in this adventure race. Please be courteous to them on the course and make sure when you see them that you tell them you appreciate them contributing their time to support this event and our sport.

Bad behaviour to the volunteer officials will not be tolerated.



## SUPPORTERS

### THE SUNDAY CREEK CLASSIC IS AN UNSUPPORTED RACE

This means that at no point on the course are you allowed to receive help or support from anyone.

That said....your family, friends and supporters are more than welcome to come to the event and visit the CPs to cheer you on.

A four wheel drive vehicle is recommended to visit the CPs. It is recommended that you fill your vehicle with fuel before the start.

There are no 24hr service stations in the area.



## RACE RULES

### RACE RULES

1. You must complete the marked course on a bicycle or on foot under your own power.
2. Performance enhancing drugs are prohibited in accordance with The World Anti-Doping Code and the QUARTZ Event Program. Refer to the list of prohibited substances and methods under the Australian Sports Anti-Doping Authority.
3. Any race entrant currently serving a sanction for violating the World Anti-Doping Code will be disqualified from competing in the event.
4. It is not permitted for someone else to compete under your name or for you to compete under someone else's name. This will result in banning both parties from competing in the event in future years.
5. Your race number must be visible at all times on the outside of your clothing. Do not cover over your race number with any backpack strap or article of clothing such as a waterproof jacket.
6. You must not fold, cut or change your race number in any way. It must be worn as is, unfolded.
7. If you withdraw from the event, you must alert race HQ that you are withdrawing.
8. If you need First Aid help on the course you must use the phone numbers on your race map to contact the Event Safety Team who will arrange to retrieve you.
9. You must stay on the marked course. Short cuts are not permitted. If you get lost, return to the last sighted marking.
10. You must carry your own Mandatory Gear at all times during the event.
11. You must obey directions of checkpoint staff or course marshals and withdraw from the race if you miss any time cut-offs at checkpoints or on course.
12. Littering is prohibited.
13. You must obey any information signs such as track closures, etc.
14. Leave gates as you find them. If closed, you may open a gate to pass through but it is your responsibility to close the gate after you.
15. No outside assistance is only permitted at Checkpoints (CPs). You must not receive outside assistance at any other points on the course. Assistance from event staff is fine.
16. Support crews and non-race participants are not permitted to cycle with or pace participants.
17. Pacers are not permitted.
18. Breaking any of the rules may incur a time penalty, disqualification or pre-race withdrawal. Any such penalties are at the organisers' discretion and are final.



## ACKNOWLEDGE MENT, WAIVER AND RELEASE – COMPETITORS + SUPPORT

WARNING: THIS IS A LEGAL DOCUMENT THAT AFFECTS YOUR RIGHTS. PLEASE READ ALL OF THE DOCUMENT CAREFULLY.

1. I understand and acknowledge that participating in the The Sunday Creek Classic (the **Event**) on 27 May 2023 is a dangerous activity. The Event may involve mountain biking, kayaking, trekking, running, navigation, rafting, snorkelling, Stand Up Paddle boarding, abseiling, use of a tyrolean traverse and/or a flying fox, rock climbing, ascending, swimming, rock scrambling, coastal travel, sailing, driving, crossing and/or travelling on roads, roller skating, caving, snow traversing, traversing isolated and remote tracks, repairing equipment and other unspecified activities. I am aware and understand the activities I will potentially be involved in. Hazards include, but are not limited to remoteness from assistance or medical aid, the extremely strenuous nature of the Event including participating at night, becoming lost, vehicle traffic, actions of other participants spectators and public, weather conditions, flood, fire, storm, sleeplessness, hypothermia and heat exhaustion, condition or suitability of participant's equipment, natural and man made objects in the environment and other unspecified hazards. I am aware of the hazards involved and acknowledge that there is always risk of injury (including permanent injury, mental injury, paralysis and death) and damage to my property. In my judgment I have sufficient competence, knowledge, common sense, experience, survival skills and equipment to participate in all Event activities in a manner safe to myself and others.
2. I certify that I am physically fit and that I have sufficiently trained for participation in the Event and have not been advised otherwise by a qualified medical person that I can not participate in the Event and that I have been given the opportunity by the organiser to attend a pre event briefing session.
3. In consideration of being allowed to participate in the Event, I (on my own behalf and on behalf of my executors, administrators, heirs, next of kin, successors and assigns):
  - A. WAIVE, RELEASE AND DISCHARGE from any and all liability for death, disability, personal injury, property damage, property theft and all other risks, claims or actions of any kind (including breach of contract, acts of negligence to the fullest extent permitted by law) whatsoever and however occurring, together with any legal fees incurred as a result of any such claim whether it is valid or not, which I at any time had or have as a result of or in connection with, directly or indirectly, my participation in and my travelling to and from the Event the following person or entities: Wild&Co, Event sponsors, Event producers, community organisations, all State, Federal and Local Government authorities in which the Event may be staged and the owners, licensees or occupiers of any property upon which I enter and their (its) respective officers, directors, employees, independent contractors, sponsors, representatives, agents, members and volunteers, including medical and paramedical personal appointed for the Event;
  - B. INDEMNIFY AND HOLD HARMLESS the persons or entities mentioned in paragraph 3(a) from any and all liabilities, claims or actions (including negligence) whatever or however caused arising as a result of or in connection with, directly or indirectly, my participation in and travelling to and from the Event, including any claim by my (or my team's) support crew or any person assisting me or my team;
4. I acknowledge that I am responsible for my personal possessions and equipment during the Event.
5. I accept the communications, search, rescue and medical aid arrangements put in place by the organisers. I understand and agree that in the first instance I am responsible for the provision of first aid to myself and those around me. As a competitor or support crew I am responsible for myself or my team's timely removal from the course to a medical facility. I give my consent to receive any first aid and medical treatment which may be deemed advisable in the event accident, injury and/or illness as a result of my involvement in the Event.
6. I certify that the medical information supplied by me on the entry form is true and I consent to and authorise that information to be provided to any medical practitioner, ambulance officer or any person involved or associated with any medical treatment or assistance that may be given to me as a result of my participation in the Event, regardless of whether the treatment is given.
7. I agree to allow my photograph, video, multimedia or film likeness and or name to be used for any legitimate purpose

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by Wild&Co, its sponsors or assigns without notification, payment or compensation.

8. I acknowledge that the Event arranged insurance covers myself for public liability whilst participating in this event. I am responsible for my personal accident insurance and ambulance cover.
9. I acknowledge that the organisers reserve the right to alter the advertised course if conditions warrant. I agree that the organisers reserve the right to cancel or postpone the Event due to weather conditions, natural disaster, "acts of god", terrorism, war or any other reason so deemed by the organisers, and that my entry fee will be non-refundable.
10. I agree to abide by the Event rules and directions of officials and I understand that my entry may be voided if through my actions or behaviour, if in the opinion of the organisers, I break any of the rules or I bring the Event into disrepute. I further understand that the organisers reserve the right to reject any entry without having to justify their actions.
11. I certify that I will be eighteen (18) years of age or older before the Event starts or that I have full permission from my parent/guardian and they have read and understood the above and will co-sign below.
12. **I have carefully read this form (2 pages) and understand and agree to its contents**